



Mains

☉ ~ FISH of the DAY, Filleted and served as YOUR CHOICE of.....

☉ ~1 Panfried Buerre Noisette infused with Smoked Paprika served on a Warm Russian Salad of Stir Fried Vegetables, New Potatoes, Beetroot and Mixed Lettuce Leaf with a Creamy Dressing of Mackerel, Mustard, Capers, Parmesan, Yoghurt and Dill £16.95 GF

OR

☉ ~2 Deepfried in 'Bay's' Beer Batter served with Chips, Peas and Salad Garnish with Orange Segments, Beetroot and Pomegranate Seeds with Tartare Sauce £16.25

OR

☉ ~3 Panfried and served on a Crab Cake, with Sautéed Leeks, Peppers, Spring Onions, Asparagus and Baby Spinach dressed in Chilli Jam, Roasted Cherry Tomatoes, Sweet Chilli Sauce with Grapefruits Segments and Dill, Finished with Pickled Cucumber

£17.95 (GF Please Ask)

OR

☉ ~4 Panfried and served with Clams and King Prawns in a Dill Infused Creamy Beurre Blanc, accompanied with Potato Anna, Sautéed Samphire and Baby Spinach and garnished with Deep Fried Rocket £18.25 (GF Please Ask)

☉ ~ Fish Pie

With Salmon, Smoked Haddock, Cod and King Prawns in a Zesty Creamy Veloute, served with Potato Skins and Petit Pois La Francaise £16.45

☉ ~ Succulent Steak

A 10oz Prime West Country Rump Steak served Sliced on a Medley of Mushrooms, Onions & Cherry Tomatoes in a Balsamic Reduction with Chips, Peas & Onion Rings

£19.45 (GF please ask)

☉ ~ Panroasted Lamb Rump

Marinated in Orange, Thyme and Rosemary served with Carrot and Honey Puree, Cinnamon Infused Parmentier Potatoes, Sautéed Vegetables with Port and Orange Jus

£18.45 (GF Please Ask)

☉ ~ Panroasted Chicken Breast

Wrapped in Pancetta and Stuffed with Minced Chicken, Red Pepper, Sage and Maple Syrup, served with Fondant Potatoes, Stir Fried Vegetables, Confit Cherry Tomatoes

and a Creamy Brie Sauce £17.45 GF

☉ ~ Griddled Halloumi ✓

With Beetroot Puree & Rosa Pesto, with Sautéed Greens, Braised Red Cabbage and New Potatoes, Roasted Cherry Tomatoes, Garnished with Toasted Nuts

and a Drizzle of Balsamic Reduction £16.25 GF

☉ ~ Black Bean and Jackfruit Chilli ✓

With Quinoa Salad with Almond Chihuahua, Corn Salsa, Griddled Pineapple, Corn Taco and Finished with Avocado and Lime Cream £16.45 GF